

St Agnes Surf Lifesaving Club Is a registered charity with objectives:

TO PROTECT AGAINST LOSS OF LIFE AT SEA THROUGH EDUCATION, TRAINING AND ACTION.

TO REPRESENT AND PROMOTE THE SPORTS OF SURF LIFESAVING AND SURFING IN ST AGNES.

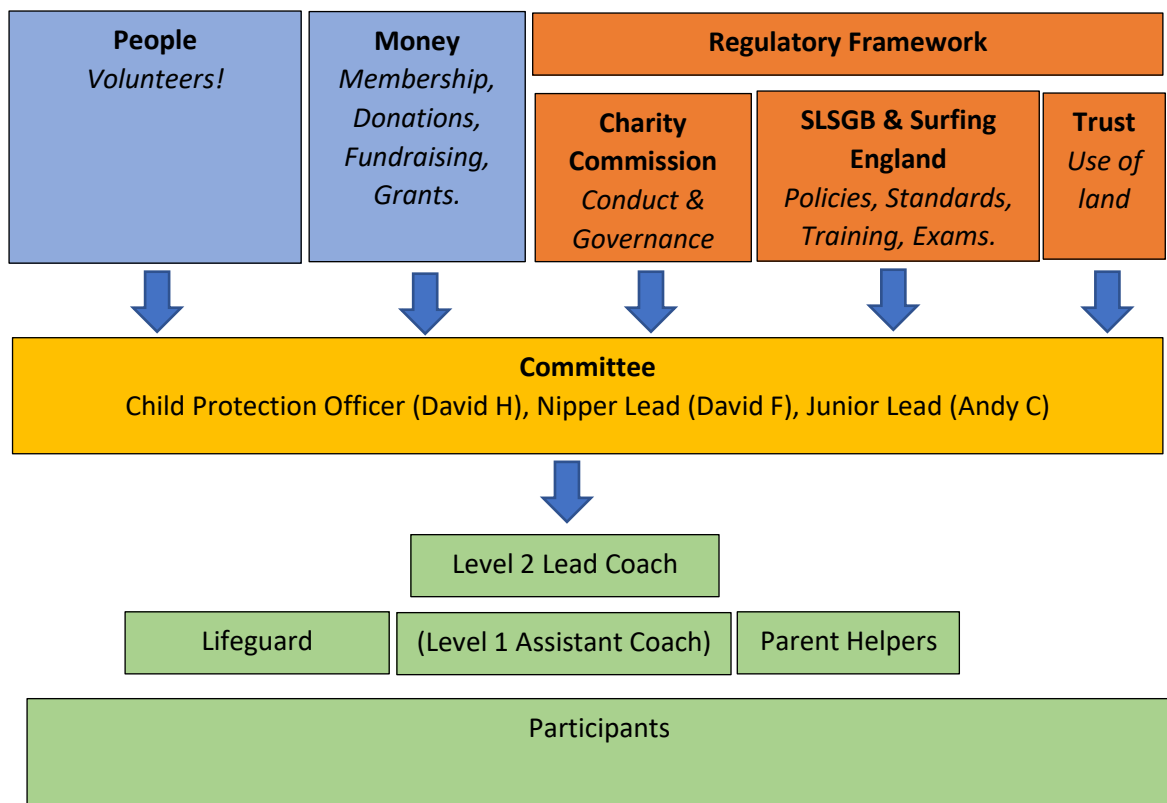
TO ENCOURAGE THE SAFE ENJOYMENT OF THE COASTAL ENVIROMENT.

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*The sea is a dangerous and dynamic environment. Effective coaching requires lots of help!*

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### The framework for a coached session



### Training available

Skills: Board & Tube Competency, Adult Pool and Beach Sessions.

Coaching: Level 1 Assistant Coach, Level 2 Lead Coach.

Lifesaving: Beach Lifeguard, Observational Lifeguard, First Responder, First Aid at Work.

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*The club will invest in people that commit to help the club meet its objectives*

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